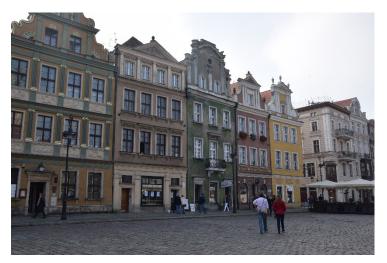


Dear students from National Distance Education University, I have been an Erasmus student in Zielona Gora for one semester. When I was told by my Erasmus tutor that I could stay another semester, I immediately agreed I couldn't say no! My incredible journey began when I sent my application, I didn't say anything to my family because I wanted it to be a

surprise for them, and I can assure you that it was the biggest surprise.

When September came, the most important and incredible journey of my life so far was about to start. I was nervous and unsure about what the near future would bring. Once I arrived in Zielona Gora, I felt more relaxed and I began to get used to the city. It was also a big challenge in terms of "standing up on my two feet", without the direct support of my family, but to be honest, I wanted to live this experience away from everything that was known to me, to go out from my comfort zone.

I started my classes soon after arriving, as a student you must be responsible and that means attending classes. The teachers are very helpful and you will always be provided with materials for classes, their English level is perfect so



there will be no problems in understanding them. I could not forget the Polish students who are always nice and eager to help, especially when it comes to learning Polish and culture.



Erasmus is as well about meeting people from different countries because you will always have something to learn from them. I have made new friendships and I know that they will last for many years, they were an important part of my Erasmus experience and my

life.

One of best opportunities that Erasmus programme gives are trips, from Poland you can travel to any country, of course, let's not forget about Poland itself with its amazing history and beautiful cities to visit, I have travelled to the citiessuch as Poznan, Wroclaw, Krakow or Warsaw and outside Poland to Oslo, Norway, many more destinations are on my list.

Erasmus programme is an experience that completely changed my life and the way I see everything now, I couldn't be more grateful for this opportunity that it was given to me. This is an amazing journey where you will improve your English, meet new people, and especially you will grow up as a person.



Best wishes, your fellow student, Ramona Abrudan!